

"Giving Thanks is Good"
Psalm 92

Ice Breaker:

Describe your perfect Sunday.

What do you do to rest? (This Psalm is was written to be sung on the Sabbath, the day of rest.)

Read: Psalm 92

1. What insight, principle or observation did you find to be most fresh, eye-opening or troubling? Explain.
2. Read Psalm 1. What similarities with Psalm 92 do you observe?
3. It seems the time we most need to thank the Lord is the time we feel least grateful. What is it that keeps you from thanking God when hard things press in?
4. Which one of God's "works" brings you the most gladness? Why?
5. How can you make gratitude a daily practice in your life? What are some ways you continually give thanks to God?
6. What effect does a heart of thankfulness have on your thoughts, attitudes, words and actions?
7. What do you think it means to "be planted in the house of the Lord?"
8. As the years go by, what is your plan to stay, "fresh and green" v.14
9. What spiritual fruit would you most like God to produce in you?
10. What truth do you need to believe and hold onto, in order to give thanks (maybe not for the trial) but in the middle of that hard thing that is pressing in on your right now?

Pray with each other:

November 19, 2017

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For many of us, giving thanks this next Thursday (or the rest of the week for that matter) will not come easily. How can one give thanks when hard things press in? Why give thanks? What would thanksgiving that pleases God look like?

1. Why give thanks?
2. What kind of thanksgiving pleases God?
 - A. It recognizes God's greatness v.1-2
 - B. It's continual v.2
 - C. It's physical v.1-3
 - D. It's joyful v.4
 - E. It's fresh and creative Psalm 96:1, 98:1, 40:3, 149:1, Rev. 4:9
3. How can one give thanks when hard things press in?

Next Step:

- Look back through your notes today. Now take that hard thing that is pressing in on you and write down the truth that is required for you to hold onto by faith so that you can be freed to give thanks right in the middle of your hard thing.
- (*Only for those 60 and older.*)
What spiritual fruit would you like God to produce in you?
(ok...so it's for all of us)