

"Distractions . . . When to Say 'No'"  
Nehemiah 6:1-4

**Ice Breaker:**

Share with your group the time and place you get most distracted.

**Read: Nehemiah 6:1-4**

1. Which strategies of the enemy are most effective against you?
2. Is it hard for you to say "no" . . . hard for you to say "yes"? Why do you think that is?
3. What is the Lord asking you to say "no" to, so that you can focus on what He has asked you to say "yes" to?
4. In this season of life, what is the clear mission God has for you to focus on right now? What are those two or three things that are really important for you to carry out that mission?

**Pray with each other:**

March 25, 2018

## “Distractions . . . When to Say ‘No’ ”

Nehemiah 6:1-4

Sure, we can all get distracted by wasteful things . . . even bad things, but it is the good things that have the greatest potential to distract us from the best things. How can we prevent our vision from becoming derailed by distraction? How can we say “yes” to the right things? Perhaps even more importantly, how can we say “no” to the right things?

1. Know the enemy’s strategies.
  - a. Divide and conquer.
  - b. Can’t beat em? . . . join em’.
  - c. Compromise.
  - d. Distraction.
2. Clarify your mission.

### **Next Step:**

- Is the Lord asking you to say “no” to something so you can focus on that which He’s asked you to say yes? What is it?
- Where do you most get distracted? Write a little sign with the words of verse 3, “I have a great work to do and I cannot come down”.
- Picture yourself in the future, three years from now. Sit down and write what you would like the history of the past three years to be in your . . . family, marriage, business, finances, ministry, children. As you write this future, what were the decisions that really mattered? What are those two or three things that are really important in order to carry out your vision for these areas? Write them down. Work on them. Focus.