

October 7, 2018

**“Remember Who You Are”**  
Ephesians 1:1, 2

**Ice Breaker:**

What is your favorite “medicine” when you are feeling discouraged?

Describe a time in your life when you experienced a peace that “was beyond all comprehension.” Why do you think that happened for you?

**Study Questions:** (READ Ephesians 1:1-2)

1. What insight, principle or observation did you find to be most fresh, eye-opening or troubling? Explain.
2. Describe the mood or tone of the letter. Is Paul formal . . . intimate . . . relational . . . angry . . . joy-filled? Is he telling a story? Is it a factual presentation? Is it a persuasive piece?
3. Often if we look at the words the author is using over and over which can give us a clue to its message. What words or ideas do you see repeated in Ephesians?
4. Paul divides his letter into at least two main sections . . . Chapters 1-3 and 4-6. What is Paul working to accomplish in each of those parts?
5. What do you think was Paul’s main purpose in writing this letter?
6. Give a workingman’s definition of the following:
  - a. Apostle
  - b. Saints
  - c. Faithful
  - d. In Christ
  - e. Grace
  - f. Peace
7. What difference would it make in your life if you actually lived in keeping with who you really are (in Christ)?

**Pray for each other:**

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This morning we begin an exciting adventure through a gold mine of truth found in the book of Ephesians. We need to hear this message because we have forgotten who we really are. We don't know our identity. We need to know who God is and who we are and because of that, how we are to live.

1. Big picture view of Ephesians.
  
  
  
  
  
  
  
  
  
  
2. Who's the author?
  
  
  
  
  
  
  
  
  
  
3. Who's the readers?
  - a. Saints
  - b. Faithful
  - c. Grace and peace
  - d. "In Christ"

**Next Step:**

What difference would it make in your life if you actually lived in keeping with who you really are (in Christ)?

How would embracing your true identity in Christ help you extend "grace" toward others thus bringing peace?