

March 24, 2019

**"Speak Truth"**  
**Ephesians 4:25**

**Ice Breaker:**

What was the most memorable lie you told as a child? Were you caught?

What is the "best" prank or surprise party you pulled off?

**Read: Ephesians 4:25**

1. What insight, principle or observation did you find to be most fresh, eye-opening or troubling? Explain.
2. Is it ever right to lie? Why or why not? If so when?
3. Jesus said "I am the way, the TRUTH and the life." What does it mean for us that Jesus is the truth? In what ways should that motivate our practical living?
4. Look up James 3:1-5 and James 4:1-3. What can you learn from these passages that shed light on speaking truthfully?
5. How does the phrase "for we are members of one another" provide motivation for us to speak truth to one another?
6. What other motivations encourage us to speak truth?
7. What helps you "put on truth" especially when it is uncomfortable?
8. What areas are you most prone to falsehood? What does it look like?

**Pray for each other:**

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We want relationship and close community. We want to be loved, listened to and accepted . . . but we fear honesty, transparency and truth. Yet we still wear our masks thinking we can protect ourselves and also enjoy close relationship with others. God calls imperfect, broken people to walk out life in honesty and truth. Truth is a risky place to tread, but filled with the upside of relational adventure. How do we pursue truth?

1. What is falsehood?
2. Is it ever right to lie?
3. Put off falsehood.
4. Put on truth.

**Next Step:**

When you catch yourself in a falsehood this week, stop and ask yourself what drove it. What lie did you believe that caused you to decide it was a better deal for you to lie than to tell the truth. Now admit your falsehood to God and if another person was involved, to them as well.